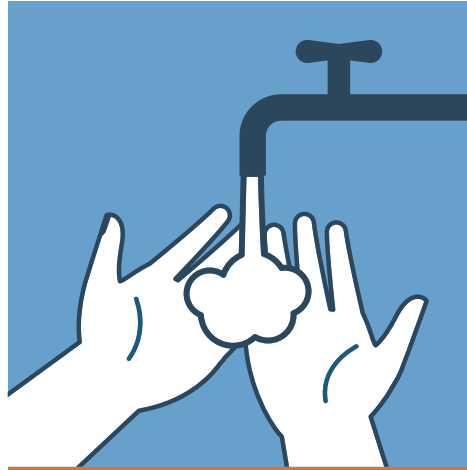
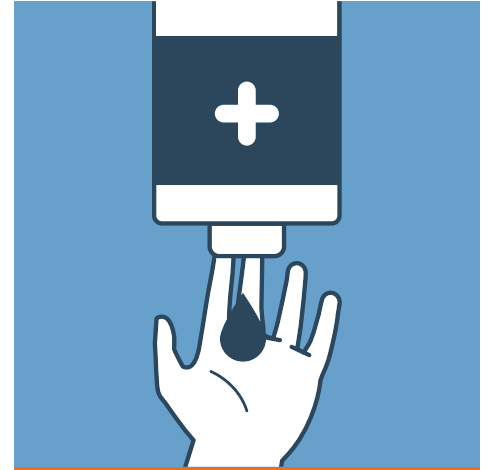


# 5 STEPS TO WASH YOUR HANDS CORRECTLY

Protect yourself and others from coronavirus (COVID-19) and other infections



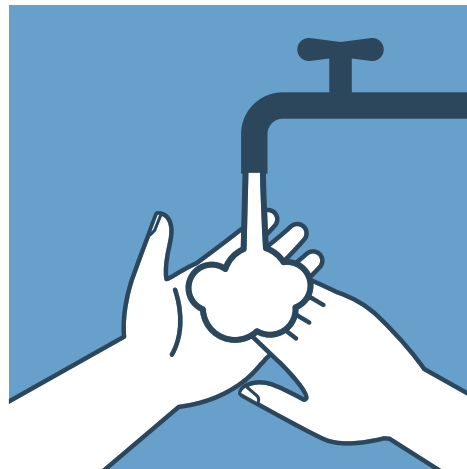
**1** Wet your hands with clean, running water



**2** Apply soap and lather hands by rubbing them together



**3** Lather hands for 20 seconds



**4** Rinse hands under clean, running water



**5** Dry hands using a towel or air dry them



For more food safety and sanitation information, visit [ResproFSP.com](http://ResproFSP.com) and [MyFoodSafetyNation.com](http://MyFoodSafetyNation.com).